



CONTROVERSIES
& CONVERSATIONS

in Laser & Cosmetic Surgery
an Advanced Symposium

AUGUST 19-21, 2022 | SANTA BARBARA

Educational Program

Under the Direction of:

Kenneth A. Arndt, MD and Jeffrey S. Dover, MD, FRCPC

Associate Directors:

Murad Alam, MD, MBA and R. Rox Anderson, MD

SKINCARE PHYSICIANS®

Symposium Description

Expert faculty present their views on controversial issues and hot topics in cutaneous and aesthetic surgery, as well as challenging therapeutic problems, followed by lively interactive discussion, including the following:

- **Pearls, Complex Cases and Complications:** 37 topics/presentations
- **Hot Topics:** Laser Assisted Drug Delivery 2022, Regenerative Medicine and more
- **In-depth lectures on:**
 - Acne: The New Paradigm
 - Cellulite
 - Pigment Dilemmas: Vitiligo, Melasma, PIH, Hypo or Hyperpigmented Scars
 - The Art and Science of Fillers 2022
 - Tweaking Port Wine Birthmark Treatment: The Quest
 - Picosecond Lasers: Are They Worth the Price?
 - Body Contouring: Fat Reduction, Muscle Toning and Building Strength
 - Corporate Controversies

CME
10.50 Credits

Learning Objectives

Following this activity, participants should be able to:

- Identify and manage the spectrum of cosmetic and functional skin conditions treatable with energy-based devices.
- Determine optimum therapy of choice for noninvasive treatment of pigmentary and vascular cutaneous lesions, photoaging, and face and body chronologic aging.
- Identify potential complications and utilize avoidance and management strategies.

2022 CONTROVERSIES & CONVERSATIONS in Laser and Cosmetic Surgery

Friday, August 19, 2022

8:00-8:05 am

Introduction and Welcome

Kenneth Arndt, MD • Jeffrey Dover, MD, FRCPC

8:05-8:45 am

Acne: The New Paradigm

Ashish Bhatia, MD • Macrene Alexiades MD, PhD • Emil Tanghetti, MD

8:45-9:30 am

Cellulite

Elizabeth Tanzi, MD • Mathew Avram, MD, JD • Nazanin Saedi, MD • Suzanne Kilmer, MD

9:30-10:15 am

Break and Visit Exhibits

10:15-10:50 am

Pearls, Complex Cases and Complications

Social Media Dilemmas – Jacqueline Watchmaker, MD

#Lasers: How Laser Surgery and Safety is Portrayed on Social Media – Jessica Labadie, MD

Racial Morphing: Real or Virtual – Nazanin Saedi, MD

Seniors and Aesthetics: An Under-recognized Demographic – Jason Rivers, MD, FRCPC

RF Microneedling – Macrene Alexiades, MD, PhD

Downtime Associated with Aggressive Microneedle RF – James Newman, MD, FACS

Do We Need the RF in Microneedling Treatments? – Anne Chapas, MD

What's New in Skin Tightening – Henry Chan, MD

10:50-11:30 am

Pearls, Complex Cases and Complications

Eyelid and Eyebrow Tattoo/Permanent Make Up Removal – Roy Geronemus, MD

Picosecond Laser for Dark Skin Rejuvenation – Berry DiBernardo MD, FACS

Pico Rejuvenation: Treating Beyond Pigment – Nazanin Saedi, MD

Rotating Treatments for Melasma – Mitalee Christman, MD

Facial Hyperpigmentation: Beyond Melasma – Andrew Alexis, MD

How to Treat Skin of Color Safely with Devices – Omar Ibrahim, MD, PhD

Combination 1550nm Non-Ablative Fractional Resurfacing and Laser Hair Removal for

Treatment of Hypertrichotic Becker's Nevi in Skin Types III-VI – Paul Friedman, MD

Optimizing Treatment of Nevus of Ota – Ariel Kauvar, MD

Treatment of Nevus of Ota in Black Patients with the 1,064-nm QS or Picosecond Laser and Nonablative Fractional Photothermolysis – Paul Friedman, MD

11:30-11:55 am

Hot Topic: Covid – The Long-term Outlook

George J. Hruza, MD, MBA • David Ozog, MD

11:55 am-Noon

Discussion / Q&A

Kenneth Arndt, MD • Jeffrey Dover, MD, FRCPC

– Conclusion of Friday Portion of Symposium, Continues at 8:00 am on Saturday –

2022 CONTROVERSIES & CONVERSATIONS in Laser and Cosmetic Surgery

Saturday, August 20, 2022

8:00 - 8:05 am	Introduction and Welcome Kenneth Arndt, MD • Jeffrey Dover, MD, FRCPC
8:05 - 8:45 am	Pigment Dilemmas: Vitiligo, Melasma, PIH, Hypo or Hyperpigmented Scars Omar Ibrahim MD, PhD • Andrew Alexis, MD • E. Victor Ross, MD • Girish Munavalli, MD • Jill Waibel, MD
8:45 - 9:30 am	The Art and Science of Fillers 2022 Omer Ibrahim, MD • Gary Monheit MD • Terrence Keaney, MD • Jean Carruthers, MD, FRCSC, FRC(OPHTH) • Ada Trindade De Almeida, MD
9:30 - 10:15 am	Break and Visit Exhibits
10:15 - 11:00 am	Picosecond Lasers: Are They Worth the Price? Are Picosecond Lasers Better Than Q-switched for Tattoos and Pigment? The Debate Revisited – Roy Geronemus, MD All Pico Lasers Aren't Created Equally, or More Than Meets the Eye – Douglas Wu, MD, PhD Comparing and Contrasting Pico Lasers – Eric Bernstein MD, PhD Picosecond LIOB, Yes or No? – Emil Tanghetti, MD
11:00 - 11:40 am	Pearls, Complex Cases and Complications Good Ideas that "Failed:" What Were We/They/Those Guys Thinking? – Brian Zelickson, MD and E. Victor Ross, MD Laser Treatment to Lower NMSC Risk – Elizabeth Tanzi, MD Non-invasive Imaging: The Future in Dermatology – Kristen Kelly, MD Silicone Oil: The Hidden Danger in Our Syringes – Terrence Keaney, MD Hot or Not? High Intensity Non-focused Ultrasound Treatment for Face and Neck: Some New Thoughts – David McDaniel, MD To Rejuvenate or Recreate? Where Do You Draw the Line? – Omar Ibrahim, MD New and Cool Devices – Lilit Garibyan, MD
11:40 - 11:55 am	Hot Topic: Laser Assisted Drug Delivery 2022 Merete Haedersdal, MD, PhD
11:55 am - Noon	Discussion / Q&A Kenneth Arndt, MD • Jeffrey Dover, MD, FRCPC

– Conclusion of Friday Portion of CME, Lunch and Corporate Controversies Immediately Following –

2022 CONTROVERSIES & CONVERSATIONS in Laser and Cosmetic Surgery

Saturday, August 20, 2022

12:00 - 12:30 pm **Refresh and Collect Lunch**

12:30 - 1:15 pm **Corporate Controversies: A Non-CME Symposium**

- **One:** *Title and Speaker Forthcoming*
 - **Two:** *Title and Speaker Forthcoming*
 - **Three:** *Title and Speaker Forthcoming*
-

– Conclusion of Saturday Portion of Symposium, Continues at 8:00 am on Sunday

2022 CONTROVERSIES & CONVERSATIONS in Laser and Cosmetic Surgery

Sunday, August 21, 2022

8:00 - 8:05 am

Introduction and Welcome

Kenneth Arndt, MD • Jeffrey Dover, MD, FRCPC

8:05 - 8:45 am

Tweaking Port Wine Birthmark Treatment: The Quest

Kristin Kelly, MD • Roy Geronemus, MD • Eric Bernstein, MD, MSE

8:45 - 9:30 am

Body Contouring: Fat Reduction, Muscle Toning and Building Strength

Anne Chapas, MD • Barry DiBernardo, MD, FACS • Suzanne Kilmer, MD • Robert Weiss, MD

9:30 - 10:15 am

Break and Visit Exhibits

10:15 - 10:55 am

Pearls, Complex Cases and Complications

Botulinum Toxin: Are There Real Differences? – Gary Monheit, MD

Combination Treatments for Neck Fullness – H. Ray Jalian, MD

Thermo-Mechanical Ablative Technology Update – Christine Dierickx, MD

Eyelid Rejuvenation with Thermo-Mechanical Ablative Technology – Robert Weiss, MD

In Motion IPL – Jason Pozner, MD, FACS

One Pass CO₂ Non-Fractional Resurfacing: Doing More with Less? – E. Victor Ross, MD

Novel Nearly Pain-Free Resurfacing Laser That Can Do Anything! – Eric Bernstein, MD, MSE

10:55 - 11:30 am

Pearls, Complex Cases and Complications

Neuromodulators for Non-Cosmetic Dermatologic Indications: Raynaud, Hailey-Hailey, Scars, and Rosacea – Ada Trindade De Almeida, MD

Autologous Melanocyte Transfer for Repigmentation and Scar Healing – Girish Munavalli, MD

Prejuvenation – Jean Carruthers MD, FRCSC, FRC(OPHTH)

Optimizing Treatment of Syringomas – Arielle Kauvar, MD

3-D Laser Treatments – Mathew Avram, MD, JD

The Basic Science of Anti-Aging and How Different Procedures Target Specific Aging Pathways – Sara Hogan, MD

Microcoring: A Glimpse into How Best to Use This Tool! – Jill Waibel, MD

11:30-11:55 am

Hot Topic: Regenerative Medicine – FDA Exosome Guidance, Human Stem Cell Trial

Jill Waibel, MD

Hot Topic: Exosomes – Are They Better Than PRP?

Girish Munavalli, MD

11:55 am - Noon

Closing Remarks

Kenneth Arndt, MD • Jeffrey Dover, MD, FRCPC

– Conclusion of Symposium –