



CONTROVERSIES & CONVERSATIONS

in Laser & Cosmetic Surgery
an Advanced Symposium

AUGUST 19-21, 2022 | SANTA BARBARA

Educational Program

Under the Direction of:

Kenneth A. Arndt, MD and Jeffrey S. Dover, MD, FRCPC

Associate Directors:

Murad Alam, MD, MBA and R. Rox Anderson, MD

SKINCARE PHYSICIANS®

Symposium Description

Expert faculty present their views on controversial issues and hot topics in cutaneous and aesthetic surgery, as well as challenging therapeutic problems, followed by lively interactive discussion, including the following:

- **Pearls, Complex Cases and Complications:** 37 topics/presentations
- **Hot Topics:** Laser Assisted Drug Delivery 2022, Regenerative Medicine and more
- **In-depth lectures on:**
 - Acne: The New Paradigm
 - Cellulite
 - Pigment Dilemmas: Vitiligo, Melasma, PIH, Hypo or Hyperpigmented Scars
 - The Art and Science of Fillers 2022
 - Tweaking Port Wine Birthmark Treatment: The Quest
 - Picosecond Lasers: Are They Worth the Price?
 - Body Contouring: Fat Reduction, Muscle Toning and Building Strength
 - Corporate Controversies

CME
10.50 Credits

Learning Objectives

Following this activity, participants should be able to:

- Identify and manage the spectrum of cosmetic and functional skin conditions which respond to energy-based devices and aesthetic treatments such as neurotoxins, fillers and the broad array of new and emerging aesthetic therapies.
- Determine optimum therapies of choice for noninvasive treatment of pigmentary and vascular cutaneous lesions, photo and chronologic aging, scarring, cellulite, fat reduction, body contouring, acne and other conditions.
- Identify potential complications and utilize avoidance and management strategies.

Friday, August 19, 2022

Discussion and Q&A Moderators: Jeffrey Dover, MD, FRCPC • Christopher Zachary, MD

7:00 – 8:00 am **Registration/Check-in**

8:00 – 8:05 am **Introduction and Welcome**
Kenneth Arndt, MD • Jeffrey Dover, MD, FRCPC

8:05 – 8:45 am **Acne: The New Paradigm**
Ashish Bhatia, MD • Macrene Alexiades MD, PhD • Emil Tanghetti, MD

8:45 – 9:30 am **Cellulite**
Elizabeth Tanzi, MD • Mathew Avram, MD, JD • Nazanin Saedi, MD • Suzanne Kilmer, MD

9:30 – 10:15 am **Break and Visit Exhibits**

10:15 – 10:50 am **Controversies: Pearls, Complex Cases and Complications**

- Social Media Dilemmas – Jacqueline Watchmaker, MD
- #Lasers: How Laser Surgery and Safety is Portrayed on Social Media – Jessica Labadie, MD
- Racial Morphing: Real or Virtual – Nazanin Saedi, MD
- Seniors and Aesthetics: An Under-recognized Demographic – Jason Rivers, MD, FRCPC
- RF Microneedling – Macrene Alexiades, MD, PhD
- Downtime Associated with Aggressive Microneedle RF – James Newman, MD, FACS
- Do We Need the RF in Microneedling Treatments? – Anne Chapas, MD
- What’s New in Skin Tightening – Henry Chan, MD

10:50 – 11:30 am **Controversies: Pearls, Complex Cases and Complications**

- Eyelid and Eyebrow Tattoo/Permanent Make Up Removal – Roy Geronemus, MD
- Picosecond Laser for Dark Skin Rejuvenation – Berry DiBernardo MD, FACS
- Pico Rejuvenation: Treating Beyond Pigment – Nazanin Saedi, MD
- Rotating Treatments for Melasma – Mitalee Christman, MD
- Facial Hyperpigmentation: Beyond Melasma – Andrew Alexis, MD
- How to Treat Skin of Color Safely with Devices – Omar Ibrahim, MD, PhD
- Combination 1550nm Non-Ablative Fractional Resurfacing and Laser Hair Removal for Treatment of Hypertrichotic Becker's Nevi in Skin Types III-VI – Paul Friedman, MD
- Optimizing Treatment of Nevus of Ota – Ariel Kauvar, MD
- Treatment of Nevus of Ota in Black Patients with the 1,064-nm QS or Picosecond Laser and Nonablative Fractional Photothermolysis – Paul Friedman, MD

11:30 – 11:55 am **Hot Topic**

- Covid: The Long-term Outlook – George J. Hruza, MD, MBA

11:55 am – Noon **Wrap Up and Discussion**
Jeffrey Dover, MD, FRCPC

– Conclusion of Friday Portion of Symposium, Continues at 8:00 am on Saturday –

Saturday, August 20, 2022

Discussion and Q&A Moderators: Jeffrey Dover, MD, FRCPC • Nathan Uebelhoer, DO • Anne Chapas, MD

8:00 – 8:05 am	Welcome Jeffrey Dover, MD, FRCPC
8:05 – 8:45 am	Pigment Dilemmas: Vitiligo, Melasma, PIH, Hypo or Hyperpigmented Scars Omar Ibrahim MD, PhD • Andrew Alexis, MD • E. Victor Ross, MD • Girish Munavalli, MD, MHS • Jill Waibel, MD
8:45 – 9 :30 am	The Art and Science of Fillers 2022 Omer Ibrahim, MD • Gary Monheit, MD • Jean Carruthers, MD, FRCSC, FRC(OPHTH) • Ada Trindade De Almeida, MD
9:30 – 10:15 am	Break and Visit Exhibits
10:15 – 11:00 am	Picosecond Lasers: Are They Worth the Price? <ul style="list-style-type: none">• Are Picosecond Lasers Better Than Q-switched for Tattoos and Pigment? The Debate Revisited – Roy Geronemus, MD• All Pico Lasers Aren't Created Equally, or More Than Meets the Eye – Douglas Wu, MD, PhD• Comparing and Contrasting Pico Lasers – Eric Bernstein MD, MSE• Picosecond LIOB, Yes or No? – Emil Tanghetti, MD
11:00 – 11:40 am	Pearls, Complex Cases and Complications <ul style="list-style-type: none">• Good Ideas that "Failed:" What Were We/They/Those Guys Thinking? – Brian Zelickson, MD and E. Victor Ross, MD• Recognizing Filler Necrosis Patterns – Joel Cohen, MD• Laser Treatment to Lower NMSC Risk – Elizabeth Tanzi, MD• New Approaches to the Treatment of Skin Cancer – Christopher Zachary, MD and Mathew Avram, MD, JD• Non-invasive Imaging: The Future in Dermatology – Kristen Kelly, MD• A Novel Therapy Paradigm for Skin of Color: Focal Point Laser Treatment with Smart Visualization – Dieter Manstein MD, PhD• Hot or Not? High Intensity Non-focused Ultrasound Treatment for Face and Neck: Some New Thoughts – David McDaniel, MD, presented by Robert Weiss, MD• To Rejuvenate or Recreate? Where Do You Draw the Line? – Omer Ibrahim, MD• The Non-Physician Practice of Medicine – Leah Hye Jin Chung, MD• New and Cool Devices – Lilit Garibyan, MD
11:40 – 11:55 am	Hot Topic <ul style="list-style-type: none">• Laser Assisted Drug Delivery 2022 – Merete Haedersdal, MD, PhD
11:55 am – Noon	Wrap Up and Discussion Jeffrey Dover, MD, FRCPC

Saturday, August 20, 2022

12:00 – 12:30 pm **Refresh and Collect Lunch**

12:30 – 1:15 pm **Corporate Controversies: A Non-CME Symposium**

- **One:** *Title and Speaker Forthcoming*
 - **Two:** *Title and Speaker Forthcoming*
 - **Three:** *Title and Speaker Forthcoming*
-

– Conclusion of Saturday Portion of Symposium, Continues at 8:00 am on Sunday

Sunday, August 21, 2022

Discussion and Q&A Moderators: Jeffrey Dover, MD, FRCPC • Elizabeth Tanzi, MD

8:00 – 8:05 am	Introduction and Welcome Jeffrey Dover, MD, FRCPC
8:05 – 8:45 am	Tweaking Port Wine Birthmark Treatment: The Quest Kristin Kelly, MD • Roy Geronemus, MD • Eric Bernstein, MD, MSE
8:45 – 9:30 am	Body Contouring: Fat Reduction, Muscle Toning and Building Strength Anne Chapas, MD • Barry DiBernardo, MD, FACS • Suzanne Kilmer, MD • Robert Weiss, MD
9:30 – 10:15 am	Break and Visit Exhibits
10:15 – 10:55 am	Pearls, Complex Cases and Complications <ul style="list-style-type: none">• Botulinum Toxin: Are There Real Differences? – Gary Monheit, MD• Combination Treatments for Neck Fullness – H. Ray Jalian, MD• Thermo-Mechanical Ablative Technology Update – Christine Dierickx, MD• Eyelid Rejuvenation: A Great Option with Thermo-Mechanical Ablative Technology – Robert Weiss, MD• Non-Responders to Cosmetic Treatments – Sara Hogan MD• New Multipulse Structured Vascular and Pigmented Laser – Suzanne Kilmer, MD• In Motion IPL – Jason Pozner, MD, FACS• One Pass CO₂ Non-Fractional Resurfacing: Doing More with Less? – E. Victor Ross, MD• Novel Nearly Pain-Free Resurfacing Laser That Can Do Anything! – Eric Bernstein, MD, MSE
10:55 – 11:30 am	Pearls, Complex Cases and Complications <ul style="list-style-type: none">• Neuromodulators for Non-Cosmetic Dermatologic Indications: Raynaud, Hailey-Hailey, Scars, and Rosacea – Ada Trindade De Almeida, MD• Autologous Melanocyte Transfer for Repigmentation and Scar Healing – Girish Munavalli, MD, MHS• Prejuvenation – Jean Carruthers MD, FRCSC, FRC(OPHTH)• Optimizing Treatment of Syringomas – Arielle Kauvar, MD• Novel 4-D Technology Treatments – Mathew Avram, MD, JD• The Basic Science of Anti-Aging and How Different Procedures Target Specific Aging Pathways – Sara Hogan, MD• Microcoring: A Glimpse into How Best to Use This Tool! – Jill Waibel, MD
11:30 – 11:55 am	Hot Topics <ul style="list-style-type: none">• Regenerative Medicine – FDA Exosome Guidance, Human Stem Cell Trial – Jill Waibel, MD• Exosomes: Are They Better Than PRP? – Girish Munavalli, MD, MHS
11:55 am – Noon	Closing Remarks Kenneth Arndt, MD • Jeffrey Dover, MD, FRCPC

– Conclusion of Symposium –

Continuing Medical Education Information

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Society for Dermatologic Surgery (ASDS) and Masters Program in Laser Education (MPLE). The ASDS is accredited by the ACCME to provide continuing medical education for physicians.

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- Galderma

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Andrew Alexis, MD, MPH: Pfizer: Advisory Board, Consultant, Speaker.

Kenneth Arndt, MD:* No relationships exist with ineligible companies.

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Anne Chapas, MD: Lutronic: Primary Investigator, Stockholder, Received Free or Discounted Equipment • Candela: Advisory Board • Cutera: Advisory Board • Solta: Speaker, Received Free or Discounted Equipment • Allergan: Advisory Board, Speaker • Endo: Advisory Board • Galderma: Advisory Board, Speaker.

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Joel Cohen, MD: Abbvie: Advisory Board, Consultant, Investigator • Croma: Advisory Board, Consultant, Investigator • Galderma: Advisory Board, Consultant, Investigator • Merz: Advisory Board, Consultant, Investigator.

Barry DiBernardo, MD: ASJ: Reviewer • APX: Stockholder • APYX: Investigator • BTL: Consultant, Investigator • Brigget: Stockholder • Canfield: Advisory Board, Received Free or Discounted Equipment • Cynosure: Investigator, Received Free or Discounted Equipment • Cytrellis: Investigator • Endo: Investigator • Engage: Stockholder • Endo Pharmaceuticals: Investigator • Ideal Curves: Consultant, Investigator • Invasix: Consultant, Investigator • Implicitcare: Investigator, Stockholder • LipoShot: Investigator, Stockholder • MTF: Investigator • Real Self: Advisory Board, Stockholder • Nutrafol: Investigator • Optigenics: Investigator • Revance: Stockholder • Sofwave: Consultant, Stockholder • Sciton: Investigator, Stockholder • Stratpharma: Investigator • Stingray: Stockholder • Tissue Mill Inc: Stockholder • UnderSkin: Consultant, Investigator • Vision Medical: Speaker, Received Free or Discounted Equipment • YesDoctor: Stockholder.

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Omar Ibrahimi, MD, PhD: Abbvie: Advisory Board, Stockholder • Cutera: Stockholder, Advisory Board, Received Grant/Research Funding • Lutronic: Advisory Board, Investigator • Accure Acne: Advisory Board, Investigator • Avava Medical: Investigator, Stockholder • Blueberry Therapeutics: Board Observer • Moderna, Proctor and Gamble, Johnson and Johnson, Unilever, Editas, Crisper Therapeutics, Intellia, Beam Therapeutics, Ginkgo bioworks, Vertex pharmaceuticals, Pfizer, Revance, General Electric, Gilead, Regeneron, Quthero: Stockholder.

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Suzanne Kilmer, MD: Acclaro: Advisory Board, Received grant/research funding • Accure: Stockholder • Aesthetics Biomedical: Advisory Board, Received grant/research funding • Allergan: Advisory Board, Consultant, Received grant/research funding • AVAVA: Stockholder • Avita: Received grant/research funding • Blueberry: Stockholder • BTL: Consultant, Received grant/research funding • Candescant: Consultant • Cutera: Advisory Board, Received grant/research funding, Stockholder • Cytrellis: Advisory Board, Consultant, Received grant/research funding, Stockholder • Dominion Aesthetics: Advisory Board, Consultant, Received grant/research funding, Stockholder • Endo Med: Advisory Board, Received grant/research funding • Engage Technologies: Advisory Board, Stockholder • Evolus: Advisory Board, Stockholder • Galderma (Alastin 1/3/22): Advisory Board, Consultant, Received grant/research funding, Stockholder • InMode: Received grant/research funding • Loreal: Received grant/research funding • Lumenis: Advisory Board • Lutronic: Advisory Board, Consultant, Received grant/research funding • Merz: Advisory Board • Pulse Biosciences: Advisory Board, Consultant, Received grant/research funding, Stockholder • Revance Aesthetics: Advisory Board, Consultant, Received grant/research funding, Stockholder • Sofwave: Consultant, Received grant/research funding • Solta/Valeant: Advisory Board • Syneron/Candela: Advisory Board • Venus Concepts: Advisory Board, Received grant/research funding.

Jessica Labadie, MD: No relationships exist with ineligible companies.

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Gary Monheit, MD: Abbvie: Investigator • Allergan: Consultant, Investigator, Received Grant/Research Funding • Croma: Investigator • Galderma: Advisory Board, Investigator • Hugel: Advisory Board • Revance: Advisory Board, Consultant.

Girish Munavalli, MD, MHS: Candela: Advisory Board, Consultant, Investigator • Pulse Biosciences: Advisory Board, Investigator • Abbvie: Consultant, Investigator • Benev: Advisory Board • Lumenis: Advisory Board, Investigator.

James Newman MD, FACS: Aerolase: Consultant • Lasering USA: Consultant • Pulse Biosciences: Consultant • Remedy: Consultant.

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